

1. The name of the Association shall be the Martial Arts and Fitness Coach Organisation (here in after known as The Association), being an independent non-profit organisation within the United Kingdom.
2. The Association will generally cover the activities known as 'Martial Arts' (Traditional or Modern) and 'Fitness Training', T'ai Chi Ch'uan (traditional), Tai Chi for Health (modern), Ch'i Kung, Yoga Styles, Kick-boxing, Martial Sport, Competitions including common variations and specialised or personalised programmes, General Fitness – with or without equipment – Aerobics, Pilates, Yoga, Qigong, Water based, Dance based, etc.
3. The Association shall act as 'middle man' known as 'Insurance Introducer' by the FSA and liaise between insurance companies and instructors to try to provide better quality products and information for our Members.
4. The Association shall provide adequate structure for training and practical qualification processes where possible and where there is no adequate process otherwise installed: in cases where other providers may be adequate The Association shall attempt to liaise.
5. The Association shall aim to unite Martial Arts, Exercise and Fitness Trainers within the United Kingdom to raise overall standards, improve health and safety awareness, child protection, media and public awareness and provide better insurance cover.
6. All competitions / activities promoted by the Association shall be held under the rules of the participating Sport / Body / Governing Body at which the event is aimed and approved by The Association.
7. Membership: Membership shall be open to any person holding a recognised or registered qualification valid within the United Kingdom and not excluding qualifications issued outside of the United Kingdom, subject to verification if deemed necessary.
 - (a) The constituent members (here in after called the Members) register of their own free choice and may also be members of any other organisation or association.
8. The Members may be selected or may apply to become Affiliated to The Association and shall thereby be entitled to participate in the future as a committee member of their own volition.
9. The objects of the Association shall be to Encourage, Promote, Develop and Co-ordinate such Martial Arts, Kick-boxing, Traditional Martial Arts and Self-Defence or Self-Development methods, General Fitness, Yoga, Exercise for the Elderly, Exercise for Health and Tai Chi for Health activities, and activities for schools within the areas set out in paragraph 2, 3, 4 & 5.
10. The Management of The Association may be vested in an Executive Committee, who shall be elected at an Annual General Meeting (AGM) of The Members, comprising of:
 1. The President, The Officers:- a Chair, a Vice Chair, a Secretary, a Treasurer, Traditional Arts Secretary, Championship Secretaries, Qualifications Secretary, an Officials Secretary and a Coaching Secretary.
 2. The President and founder of The Association shall maintain his/her position and give directives for as long as he/she feels is necessary to maintain the overall goals of the association.

3. At such time as the President retires or deceases, a suitable replacement should be found amongst the Members who is able to maintain the original goals and drive.

 11. The Delegates:- 6(six) elected delegates nominated by Member Clubs (one delegate per Club with each such delegate to be a member of that Club) and 1 (one) delegate from each Member Association.
 12. An SEAA Representative appointed by the SEAA General Committee.
 13. There may also be Honorary Officers comprising a President and Life Vice Presidents. Such Officers will have NO vote.
 14. The Executive Committee shall have the powers to co-opt such persons who may be required for the efficient running of the Association. Co-opted Members shall have NO vote.
 15. The Executive Committee shall form sub-committees as required.
 16. The Annual General Meeting of The Association shall be held no later than the end of April of each year commencing from the first meeting.
 17. Quorum at Meetings: A Quorum at a Committee Meeting shall be 6(six) voting Committee Members. A quorum at a General Meeting shall be 12(twelve) persons present and entitles to vote.
 18. At General Meeting, voting rights will be 1(one) vote per Club, 1(one) vote per County Association and 1(One) vote per Officer. All votes must be cast by persons present (NO proxies and NO postal votes).
 19. A special or an Extraordinary General Meeting (EGM) of the Association may be called by the Executive Committee, or by Secretary within 14 (fourteen) days of receipt, by him or her of a requisition signed by the representatives of at least 4 (four) Members (as defined in paragraph 7) stating their reasons for such a meeting to be called. The Secretary shall give not less than 14 (fourteen) days clear notice to all the Executive Committee and Members specifying the object of the meeting. No other business shall be transacted at that meeting.
 20. No rule shall be added, amended or rescinded, except at a General Meeting. Notice of all proposed rule change must be sent to the Secretary of the Association, in writing and signed on behalf of the Member giving such notice, and must be received by the Secretary at least 21 (twenty-one) days before the date of the meeting. Particulars of all proposed changes shall be forwarded by the Secretary to each of the Executive Committee and each Member at least 14 (fourteen) days prior to the General Meeting.
 21. The Association shall be continued on the same path and with the same goals as originally intended by the Founder (as laid out in paragraphs 1 to 5) and shall not be changed in way to effect personal gain or bias for any one Member Group or Association but for the good of all Martial arts and Fitness Coaches and that of the General Public who use their services.
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MARTIAL ARTS & FITNESS COACH UK
& MAFC-EU

CONSTITUTION
& RULES