

## **Membership & Insurance Cover Guide & Instructions**

Martial Arts & Fitness Coach UK (MAFCUK) supports all genuine Martial Arts Coaches, Kick boxing, Qualified MMA and related skills, except 'Professional' Boxing and Wrestling (Sport). We offer recognised membership and valued services pertaining to Pro Insurance and Qualifications, plus invaluable advice and information services plus the exceptional UKi Qualifications.

### **Forms You Need to Fill in:**

The first thing you will need to fill in is:

**(1) MAFCUK.org Membership Application Form.** Without it you will not be able to receive or indeed validate any insurance.

Fill in your name in BLOCK CAPITALS in the box, then your Club Name, address, etcetera. When you have completed the form to the best of your ability and knowledge, you will need to make out a cheque for Membership to 'MAFCUK – Note: this depends upon whether you are a single applicant (e.g. £27.50) or for “multiple” instructors (e.g. £35 for up to 4 Instructor Members).

The next form to fill in is:

**(2) Martial Guard Instructor's (cover summary & proposal).** This has a picture on the cover of a man doing a high kick. If you print this from the PDF file on our web site, only print pages 3 to 5 as you will waste ink!

Fill in all details like name, address, the level of cover you want (e.g. £2,000,000 @ £70 or £5,000,000 @ £90) then do not forget to sign the declaration on the last page and date it. If you wish for your insurance to start today, put this in the appropriate box on the Form (Question 8, Page 2).

Note: if you want Personal Accident because your Club is your livelihood, then tick the appropriate boxes (Personal Accident, 'Yes'. Page 3) and add an extra £55 to the cheque for T L Risk Solutions Ltd. ; This cheque should be made out to 'T L Risk Solutions Ltd.'

The next form you may need will be:

### **(3) Student Insurances.**

This form can be downloaded from our web site in an editable version so you can edit and enter your name, club details, etcetera, then print off as needed in the future. If you have any to send with your Membership and Pro Insurance application, the costs for these may be *added* to the MAFCUK Membership cheque.

Student Insurances may be done monthly or “as and when” needed. Please call if you are not sure. The students should be insured, otherwise this could reflect badly on the instructor/s. We at MAFCUK include this cover FREE for the named Chief Instructor with Membership fees! Plus you get other benefits.

## MARTIAL ARTS & FITNESS COACH UK

### **IMPORTANT – READ CAREFULLY:**

Please see below for the next steps and returning them.

1. Make sure you have the correct forms for insurance and membership!
2. Photocopy all Instructor qualifications pertaining to your training.
3. Fill in your 'Insurance Application' Form accurately, noting any details and conditions: insurance company's now require more information about everything you intend to teach. Include all types of classes and venues; if these are Martial Arts, then they are or should be all related to your Martial Arts Business; e.g. 'Martial Arts' or 'Martial Arts Fitness'. If Fitness then you should have separate qualifications for all categories you teach; e.g. Yoga, Pilates, Gym Training, Boxercise/Body Combat/ etc.
4. Fill out the MAFCUK Membership Application form in full detail.
5. Make out one cheque for insurance company (see *Ins' form*), and one for MAFCUK membership. Check all documents and payments.
6. Return **ALL** documents and cheques to MAFCUK in one envelope.
7. **STAMPS!** Please make sure you have the correct postage as we get *delays* with applications *and* extra expense collecting underpaid letters from the Mail Sorting Office. This could force us to increase membership fees and we are sure you don't want that!

**NOTE:** 'T L RISK' *do not* deal direct and insurance certificates are returned for us to forward with membership documents. Any “direct” applications will not be validated or sent on to the proposer.

### **Qualifications:**

ESSENTIAL. Insurance companies require proof for better protection of the public at large. As a responsible instructor you would agree, this is also better protection for the Martial Arts and Fitness world generally. Having a genuine qualification not only protects the public, but also the Coach or Instructor.

MMA – There is no such thing as a “stand alone”. Mixed Martial Arts is exactly what it says, so anyone who is qualified in, say, Karate, Jujitsu and Taekwondo is automatically a MMA practitioner, so can add 'MMA, tagged onto the end of his/her qualifications.

### **Health and Safety:**

It takes little time to cover the basic necessities of health and safety and to make sure that we train in a safer environment which limits accident potential. Information will be provided by MAFC and workshops can be arranged at National venues for all Instructor and Assistant Grades. Much H&S is common sense; e.g. make sure there are no wet patches on the floor, all loose items removed from floor, no live wires or plug sockets that little fingers can be put into and no sharp corners on objects that someone can fall against or be thrown onto. Furthermore, make sure everyone is on Public Liability insurance.

### **First Aid:**

Not essential for applications but any instructor worth his or her salt will be sensible enough to do regular courses or have a qualified person in attendance.